RECIPE

Mayonnaise Creamy Dressing

This recipe for creamy dressing is easy and the results are so tasty. You can even use them as dips for vegetables and chips.

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INGREDIENTS

1 cup mayonnaise (or wholemilk plain yogurt)

1/4 cup white wine or apple cider vinegar

1 teaspoon Dijon or grainy mustard

1 tablespoon granulated sugar

1⁄2 teaspoon salt

Salt and pepper to taste



PREPARATION

Whisk all of the ingredients together and chill.



MIX IT UP

Add these ingredients to personalize your dressing

Cheese: $^{2}/_{3}$ cup blue cheese or Parmesan.

Ranch: 1½ teaspoons fresh thyme leaves, copped and a pinch of cayenne pepper

Avocado Goddess: ½ avocado, mashed and 1/3 cup minced chives.

Thousand Island: 1/3 cup ketchup and 1/4 cup sweet pickle relish.

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