

## RECIPE

# Summer Veggie Salad

Saturday mornings I love a trip to the farmer's market, loading up on fresh vegetables and herbs. One of my favorite, easy-to-make veggie salad accented by a tangy and delicious Lemon Vinaigrette.



### INGREDIENTS

- 2-3 tomatoes chopped
- 1 large cucumber chopped
- 1 cup chopped red bell pepper
- 1 small red onion chopped
- ½ cup feta diced
- ¼ cut parsley chopped
- Dash of Kosher salt & pepper
- One portion of Lemon Vinaigrette



### PREPARATION

Chop all of the vegetables. It's very pretty if everything is all the same size. Toss in a large salad bowl and drizzle with dressing.



### MIX IT UP

Add protein like quinoa, garbanzo beans, hard boiled eggs, bacon, grilled chicken or steak

Freshen it up with black olives, sweet corn, fresh peas or Israeli couscous

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